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| 1. Take time to listen to, encourage, and pray for someone who is struggling.
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| 1. Leave extra quarters taped to a washer/dryer at the laundromat.
 |
| 1. Pay for coffee or a meal for the person behind you in line or the drive-thru.
 |
| 1. Send a letter of appreciation to your parents or grandparents.
 |
| 1. Leave someone an unexpected gift or surprise, even money! $$$
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| 1. Pick up litter and throw it away.
 |
| 1. Introduce yourself to, talk to, & befriend someone you don’t know.
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| 1. Help someone to carry their groceries or a heavy box.
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| 1. Offer to spot for someone at the gym and give them encouragement while they are lifting.
 |
| 1. Reach out to someone you haven’t talked to in a while.
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| 1. Praise the work of & give credit to others.
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| 1. Tutor someone or help them with their homework.
 |
| 1. Send a care package and a thank you note to a soldier overseas.
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| 1. Leave a loving and encouraging note for your spouse or children.
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| 1. Send a note of appreciation to your teacher, principal, or supervisor.
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| 1. Visit a nursing home, jail, or prison and take some friends with you.
 |
| 1. Talk to, read to, or play music for an elderly person.
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| 1. Give a generous tip to your waiter.
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| 1. Bring a welcome gift to a new neighbor.
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| 1. Tell someone you are sorry for a past wrong.
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| 1. Write a thank you for the school custodians or lunch ladies.
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| 1. Compliment a stranger.
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| 1. Leave extra money in a parking meter.
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| 1. Bring a meal to someone who is ill or having a hard time.
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| 1. Offer to babysit for someone for free.
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| 1. Write & send a letter (no email) to someone who has made a difference in your life.
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| 1. Donate in someone’s name to a charity they care about.
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| 1. Hold the door or elevator for someone.
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| 1. Clean up after someone – without complaining!
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| 1. Donate your hair to “Locks of Love”.
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| 1. Let someone go ahead of you in a store checkout line.
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| 1. Donate clothes to a community organization.
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| 1. Volunteer at a soup kitchen or homeless shelter.
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| 1. Sit with someone who is eating alone.
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| 1. Offer someone a piece of gum or candy, even your bank teller.
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| 1. Leave encouraging notes in random places.
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| 1. Bring treats to your class, office, or study group to share.
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| 1. Smile and greet people you see on the street.
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| 1. Donate blood.
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| 1. Deliver crayons, coloring books, paper, & toys to a pediatric ward.
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| 1. Leave a gift card on someone's windshield.
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| 1. Hand flowers to a stranger who looks like they need it.
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| 1. Verbally thank a cleanup worker or trashman.
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| 1. Donate some airline miles to the "Make a Wish" Foundation.
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| 1. Deliver snacks & drinks to a hospital ER or Operating Room—Waiting Room.
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| 1. Donate to a domestic abuse shelter.
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| 1. Send a dessert to another table anonymously at a restaurant.
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| 1. Compliment a store worker to their manager.
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| 1. Feed the poor & donate to a food bank.
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| 1. Let someone have your parking spot, even if you got there first.
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| 1. Return your shopping cart and others you find that need to be corralled.
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| 1. Offer an umbrella to someone needing it on a rainy day.
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| 1. Say "good morning" and "thank you" to public service workers.
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| 1. Thank current military and former veterans for their service.
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| 1. Bake and deliver cookies, bread, or a meal for a neighbor, just because.
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| 1. Shovel or clear snow from someone's car or driveway.
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| 1. Do a favor for someone without asking for anything in return.
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| 1. Leave a note of encouragement in a library book.
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| 1. Make and deliver a meal to someone who is sick.
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| 1. Take out your neighbor's garbage can and bring it back to their house.
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| 1. Mow, rake, & help clean up your neighbor's yard.
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| 1. Offer to clean a new mother's or senior adult's house.
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| 1. Wash and vacuum someone's car for free.
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| 1. Help someone pack & move.
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| 1. Loan your tools/car/bicycle to someone.
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| 1. Leave discount coupons on the shelf near products at grocery stores.
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| 1. Let your staff go home early or give them the day off.
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| 1. Teach someone a new skill or to read.
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| 1. Be a peacemaker between conflicting individuals.
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| 1. Safely assist someone in need of roadside help – calling for help, helping change a tire, etc.
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| 1. Let a car merge in front of you and do it with a smile.
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| 1. Verbally thank your postal worker & give them home baked goods.
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| 1. Pick up fallen pieces of clothing or products in a store.
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| 1. Give someone a ride.
 |
| 1. Help someone with their resume or to find a job.
 |
| 1. Give a hug to someone who needs it.
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| 1. Work a shift or offer to switch a shift with a coworker who needs time off.
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| 1. Send catered & leftover food to first responders.
 |
| 1. Offer to fix or repair something for someone without that skillset.
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| 1. Remember and send birthday, anniversary, special date, & “Thinking of You” cards to others.
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| 1. Help clean your sibling's room and make up their bed.
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| 1. Offer your tickets to an upcoming game or event to someone who might enjoy them.
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| 1. Share event photos with someone who is unable to attend.
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| 1. Call and encourage someone you have missed in church.
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| 1. Invite someone to church & offer them a ride to church.
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| 1. Wash, fold, & put away someone else’s laundry.
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| 1. Leave change at a vending machine for a stranger.
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| 1. Offer coats and blankets to someone who is cold.
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| 1. Call and check on someone who lives alone and invite them over for dinner or the holidays.
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| 1. Donate stuffed animals to fire departments and police officers to give to children.
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| 1. Offer to fill someone's gas tank.
 |
| 1. Offer to run an errand for someone.
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| 1. Work in the church nursery.
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| 1. Bend down, talk with, and encourage a child.
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| 1. Anonymously offer to pay for a child's sports equipment or fees in a local league.
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| 1. Give away free refreshments at a local ballpark or other public location.
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| 1. Pay someone's layaway items.
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| 1. Drop off Exam Week care packages at a local college dormitory or student union.
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| 1. Leave diapers and wipes on a public changing table.
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| 1. Offer to walk dogs at the local animal shelter or for a neighbor.
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| 1. Bury "treasure" at a local playground/ sand pit for a child to find.
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| 1. Donate to the Annie Armstrong, Lottie Moon, Kathleen-Mallory, and/or World Hunger Offerings.
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| 1. Give away free fire detectors and batteries to people in your community.
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| 1. Throw a party to celebrate someone, just for being who they are--awesome!
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| 1. Post kind, encouraging, & positive words on Social Media such as Facebook and Instagram.
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| 1. Put your phone away and truly listen to whoever is in front of you.
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| 1. Give away cheap sunglasses at outdoor community events.
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| 1. Hand out coupons to area restaurants and ice cream parlors to strangers.
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| 1. Offer free stamps in front of the Post Office on Tax Day.
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| 1. Install and keep stocked bird feeders at area nursing homes.
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| 1. Giveaway golf balls, tees, and markers at local golf clubs.
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| 1. Giveaway carnations door-to-door on Mother's Day.
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| 1. Giveaway vegetable and flower seeds door-to-door during the late winter/early spring.
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| 1. Pick up & deliver food & medications to shut-ins.
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| 1. Offer rides to doctor’s appointments for those unable to drive themselves.
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| 1. Provide furnishings for someone with little or no household items.
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| 1. Help rehab someone's home or build a handicap ramp.
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| 1. Clean someone's gutters or sidewalks.
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| 1. Offer to clean restrooms for free at area gas stations and other businesses.
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| 1. Give up your seat to an elderly, disabled, or pregnant person.
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| 1. Search for and return lost items to their rightful owners.
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| 1. Tell someone that you love them and are proud of them.
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| 1. Offer & provide Biblical hospitality to strangers in need including: medical care, lodging, meals, protection/safety, and other needed assistance.
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| 1. Hand away free Bibles to whomever will take one—Share scriptures with someone who needs to hear God's Words of encouragement.
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| 1. Share your faith with someone, helping them to pray and accept Jesus Christ as their personal Lord and Savior.
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